

# Infantile Colic

Infantile colic is generally described as persistent, forceful crying by an otherwise normal healthy baby. The crying persists daily for several hours, even after every attempt to quiet the baby is made. Symptoms of colic also include a noisy abdomen, usually with excessive gas, and tight back muscles with the head and neck arched backwards. Often times the baby's knees will be bent. Colic affects about 20% of all infants, beginning between 1-4 weeks and ending between 3-4 months.

Even with the natural child birthing process, childbirth can be one of the most traumatic events in a baby's life. A delicate, still-developing spine can be injured causing interference in the body's ability to control organs and tissues via the nervous system. Colic and other newborn health complaints such as allergies, breathing problems, and poor appetite can be traced to the resulting nervous system dysfunction.

Chiropractic is the only treatment available for this stress on the nervous system and it has been proven a successful treatment for colic. Research studies show improvement in over 90% of infants who are treated with spinal adjustments, in as little as 3 treatments! Spinal adjustments are tailored for infants with very gentle, light contact applied by using only the fingertips. *Chiropractic will not only improve these newborn health complaints, but if checked on a regular basis, chiropractic could prevent many serious spinal deformities and a weakened immune system so often seen later in life.*

Give your child the chance for healthy future and get them checked by a chiropractor!